



Varsity University 2021 - Schedule



Welcome 09:30 am

Tumblingpath			Stuntpath		
Time	Topic	Speaker	Time	Topic	Speaker
10:00	Tumbling Strength	Roman Polyachenko	10:00	Basic Coed Stunts	Kenny Feely & James Speed
10:32	Tumbling Level 1/2	Kyle Brigh	10:40	Mental Health	Karen Lew
12:11	Back Handspring Tips	Ben Pope	11:10	Flexibility and Body Positions	Sarah Macrow:
12:15	Tumbling Progressions and Drills	Debbie Love	11:35	Stunt Videos Level 1-6	
13:18	Lunch Break		12:55	Lunch Break	
14:15	Running a Tumbling Class	Shea Crawford	14:00	Cultivating Culture	Megan Gomalo
15:45	Emergency Action Planning				
16:45	Live Q&A Fokus Tumbling				
17:15	Live Q&A Fokus Stunts				
Good Bye 17:45					