



VARSITY
UNIVERSITY

VARSITY UNIVERSITY - LEVERKUSEN

SEPTEMBER 21-22, 2024

SUNDAY

Rooms	Terrassensaal	AGAM Saal	Vortragssaal	Kino
	<i>Tucker Hunter & Peter Lezin</i>	<i>Tara Lezin</i>	<i>Ritch Ludke</i>	<i>Svenja Kollek, Jonas Miller & Marco Daniels</i>
9:00am-10:15am	Dismounts Levels 2 to 6	Improving Flexibility - Practical Morning Session	Get your teams competition ready	Registration Process, Tips and Tricks and What's New with Varsity Europe Events
10:15am-10:30am	Class Change			
	<i>Tucker Hunter</i>	<i>Tara Lezin</i>	<i>Ritch Ludke</i>	<i>Marco Daniels</i>
10:30am-11:45am	Transitions Levels 1 to 4	Flyer Flexibility and Strength Training	Jumps for perfect Scores	United Scoring - Tumbling Scoresheet
11:45am-12:00pm	Class Change			
	<i>Tucker Hunter</i>	<i>Mandy Andrews</i>	<i>Peter Lezin & Ritch Ludke</i>	<i>Marco Daniels</i>
12:00pm- 1:15pm	Transitions Levels 5 to 7	Becoming an effective Tumbling Coach	Starting and growing your own program	United Scoring - Open Question & Answer Session
1:15pm-2:15pm	Lunch Break			
	<i>Tucker Hunter</i>	<i>Mandy Andrews</i>	<i>Peter Lezin</i>	<i>Marco Daniels</i>
2:15pm-3:30pm	Building a strong Youth and Junior Program for Future Success	Back Handsprings for Days - Tipps and Drills	Being an effective leader and communicating your goals	IASF Scoresheet / Worlds Scoring
3:30pm-3:45pm	Class Change			
	<i>Ritch Ludke & Peter Lezin</i>	<i>Mandy Andrews & Tucker Hunter</i>	<i>Carly Byman Ludke</i>	<i>Marco Daniels</i>
3:45pm-5:00pm	Season Planning and having a 3-Year Plan	Mental Blocks and how to work around them	Adding a Dance Program to your existing Cheer Program	Understanding Deductions and Reading the Rules
5:00pm-5:10pm	Class Change			
	<i>Jonas Miller & All Speakers</i>			
5:10pm-5:30pm	Closing Session			